



LUNCH MENU JANUARY 2019

		1	2	3	4	5
6	7 Chicken Nuggets and Baked Fr Asparagus Grapes	8 Turkey and Cheese Sandwich Baby Carrots Chips Apple Slices	9 Baked Pasta with ground Turkey Romaine Lettuce Honeydew	10 Grilled Chicken - Roast Potatoes Roast Potatoes Green Beans Watermelon	11 Cheese Pizza Mixed Salad Mixed Fruit	12
13	14 Ground Turkey and Cheese Bur Mixed Salad Grapes Sour Cream and Sa	15 Turkey Burgers Sweet Potatoes Pineapple	16 Grilled Chicken-Rice/Black Beans Rice with Black Beans Key West Vegetables Honey Dew	17 Pasta with Meatballs Key West Vegetables Honey Dew	18 Cheese Pizza Mixed Salad Mixed Fruit	19
20	21	22 Mac and Cheese &Chicken Nugge Vegetable Medley Strawberries	23 Meatball Subs Mixed Salad Grapes	24 Spaghetti and Meat Sauce Wax Beans Peaches	25 Cheese Pizza Mixed Salad Mixed Fruit	26
27	28	29	30	31		

Lunch is served with the choice of white or chocolate milk. We will also offer ice water, please bring your own bottle to fill up.

Ice Cream is for sale for \$1

The Lunch is included in the tuition.

