



LUNCH MENU OCTOBER 2018

1	2	3	4	5
Chicken Nuggets and Baked Fries Cucumber Grapes	Mojo Cuban Sandwich Mixed Salad Oranges	Ground Turkey and Brown Rice Squash Zucchini Apple	Chicken Pasta Alfredo Broccoli Cantaloupe	Ham and Cheese Sandwich Chips Apple
8	8	10	11	12
Grilled Cheese with Tomato Soup Grapes	Turkey Burgers with Cheese Lettuce and Tomato Roasted Potatos	Chicken, Rice and Bean Bowls Salsa Apples	Pasta with Meatballs Key West Vegetables Honey Dew	Cheese Pizza Caesar Salad Mixed Fruit
15	16	17	18	19
Chicken Parmesan Sub Spinach Honeydew	Meatballs Sub Baby Carrots Oranges	Arroz Con Pollo (Chicken and Rice) Peas and Carrots Apple	Mac and Cheese & Chicken Nuggets Vegetable Medley Pineapple	NO SCHOOL
22	23	24	25	26
Chicken Nuggets and Baked Fries Cucumber Grapes	Toasted Ham&Turkey Sandwich Cucumbers with Ranch Orange Slices	Roasted Potatoes and Chicken Roasted Brussel Sprouts Apple	Baked Ziti with Ground Turkey Green Beans Watermelon	Cheese Pizza Caesar Salad Mixed Fruit
29	30	31		
Chicken Nuggets and Baked Fries Cucumber Grapes	Hot Fdog with Chili Mixed Salad Oranges	Sweet and Sour Chicken and Brown Rice Broccoli Apple		

Lunch is served with the choice of white or chocolate milk. We will also offer ice water, please bring your own bottle to fill up.

Ice Cream is for sale for \$1

The Lunch is included in the tuition.