



LUNCH MENU OCTOBER 2020

5	6	7	8	9
Mac and Cheese with nuggets Green Beans Peaches	Chicken Quesadilla Medley Vegetables Strawberries	Hot Dog Corn Oranges	Grilled Chicken with mashed potatoes Broccoli Apples	Cheese Pizza Mixed salad Grapes
12	13	14	15	16
Spaghetti and Meat Sauce Three beans salad Peaches	Tacos with pulled pork with beans Lettuce and Tomatoes Pineapple	Turkey Burgers Lettuce and Tomatoes French Fries Orange	Sweet and Sour Chicken Brown Rice with vegetables Banana	Cheese Pizza Mixed salad Mixed Fruits
19	20	21	22	23
Baked Ziti with Ground Turkey Medley vegetable Apples	Chicken Parmesan Sub Mixed Salad Strawberries	Beef Burrito with Beans Broccoli Peach	Chicken with Yellow Rice Carrots and peas Oranges	Cheese Pizza Caesar Salad Mixed Fruit
26	27	28	29	30
Pasta with chicken Alfredo Sauce Cole Mixed Salad Peaches Grapes	Ham and Cheese Wrap Lettuce and carrots Orange Slices	Meatball Subs Medley vegetable Honeydew	Chicken, Rice and Bean Bowl Salsa Apples	Cheese Pizza Caesar Salad Mixed Fruit

Lunch is served with the choice of white or chocolate milk. We will also offer ice water, please bring your own bottle to fill up.

Fruits could be changed

Ice Cream is for sale for \$1

The Lunch is included in the tuition.